<table>
<thead>
<tr>
<th>Mon</th>
<th>Tues</th>
<th>Wed</th>
<th>Thu</th>
<th>Fri</th>
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<tbody>
<tr>
<td>Fresh Fruit ½ cup</td>
<td>Winter Break</td>
<td>Fresh Fruit ½ cup</td>
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<tr>
<td>Cold Cereal 1/3 cup</td>
<td>Milk ¾ cup</td>
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</tbody>
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| 7                   | 8                   | 9        | 10       | 11        |
| Fresh Fruit ½ cup   | Fresh Fruit ½ cup   | Fresh Fruit ½ cup | Fresh Fruit ½ cup | Fresh Fruit ½ cup |
| Cold Cereal 1/3 cup | Hot Cereal          | Cold Cereal 1/3 cup | French Toast/Syrup | Bagel/Cream Cheese |
| Milk ¾ cup          | Milk ¾ cup          | Milk ¾ cup | Milk ¾ cup | Milk ¾ cup |

| 14                  | 15                  | 16       | 17       | 18        |
| Fresh Fruit ½ cup   | Fresh Fruit ½ cup   | Fresh Fruit ½ cup | Fresh Fruit ½ cup | Fresh Fruit ½ cup |
| Cold Cereal 1/3 cup | Hot Cereal          | Hot Cereal | Cold Cereal 1/3 cup | Raisin Bread ½ slice |
| Milk ¾ cup          | Milk ¾ cup          | Milk ¾ cup | Milk ¾ cup | Milk ¾ cup |

| 21                  | 22                  | 23       | 24       | 25        |
| Martin Luther King  | Fresh Fruit ½ cup   | Fresh Fruit ½ cup | Apple Sauce ½ cup |  |
| Holiday             | Cold Cereal 1/3 cup | French Toast/Syrup | Drop Biscuits |  |
| Milk ¾ cup          | Milk ¾ cup          | Milk ¾ cup | Milk ¾ cup | Milk ¾ cup |

| 28                  | 29                  | 30       | 31       |           |
| Fresh Fruit ½ cup   | Fresh Fruit ½ cup   | Fresh Fruit ½ cup | Fresh Fruit ½ cup |           |
| Cold Cereal 1/3 cup | Waffle Stick/Syrup  | Hot Cereal   | Cold Cereal |           |
| Milk ¾ cup          | Milk ¾ cup          | Milk ¾ cup | Milk ¾ cup |           |

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